



# Meals On Wheels, Inc. of Tarrant County Rolling Report

*Up-to-date news and facts for our most faithful donors!*

*Delivering meals  
and so much more...*

320 South Freeway  
Fort Worth, Texas 76104  
www.mealsonwheels.org  
May 2005

## *Building Debt Retirement...Going..Going..*

June 30, 2005 is quickly approaching and Meals On Wheels is within reach of the goal to be debt free.

The Board of Directors, volunteers, staff and all who have worked to achieve this goal are so excited that their hard work is paying off.

If you are considering making a gift to the Debt Retirement project, now is the time. You may want to take advantage of the matching grant available through the Crystelle Waggoner Charitable Trust managed by Bank of America.

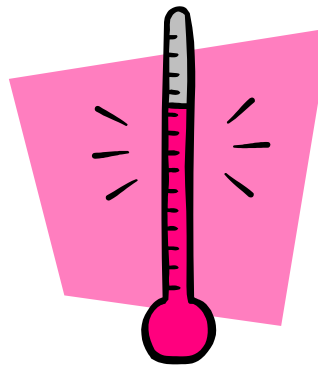
**Total Construction Cost**  
**\$1,550,967**

**Total Gifts Received**  
**\$1,494,105**

You can help us reach the total needed for our challenge grants. Your gift is important as we pay the remaining **\$56,862** due on our construction loan.

Contributions made to the Meals On Wheels **Endowment Fund** are matched 100% with a gift to the **Building Debt Reduction Fund**. This is such a wonderful opportunity to make your contribution double in value.

**The deadline is near.**  
**Just \$56,852 remaining!**



*We are almost there.*  
*Make your check payable to the Endowment Fund to access the Crystelle Waggoner matching grant that provides matching funds to the building debt retirement.*  
*Your gift helps Meals On Wheels two ways!*

### *A Quick Review YTD* *Oct - April*

*Meals delivered*  
**304,416**

*Average number of deliveries each day*  
**2,001**

*Average cost per meal*  
**\$5.00**

*Number of people helped*  
*Oct - April*  
**2,572**

*Client Services*  
*finding a way to help*

- 804 clients received heaters, blankets, shower chairs, walkers, canes, or other equipment
- 262 client pets were helped by the companion pet program
- 137 clients received supplemental groceries

## *Who gets home delivered meals?*

Meals On Wheels delivers meals to people who are homebound, unable to prepare their own meals, and do not have a responsible person to help them on an ongoing basis.

Some clients are experiencing a temporary health crisis and may only need meals for a few weeks or a month. Others have chronic problems and may be on the program longer periods of time.

The combination of all program recipients brings the average length of time on the program to 5.6 months.

Clients live in all areas of Tarrant County and come from all walks of life. Look on the back page for a listing of clients and meals delivered by zip code. Check out your own zip code and you will find that we deliver in your neighborhood.

Some people pay the full cost of their meal while others cannot pay at all. Most clients donate what they can toward the cost of their meals.

Volunteers deliver Monday — Friday and we desperately need more volunteers. If you can help by delivering meals one day a week, please call us. We have many corporate, church, civic, and city

groups that volunteer. If you are interested in information on how your organization can help, please call. **To volunteer in Arlington, Mansfield, Kennedale or Grand Prairie, call Susan at 817-277-3705. For all other areas of Tarrant County, call Nedra at 817-336-0912**

Just one noontime per week can brighten your life as well as those you help.

## Meals Delivered & Clients by Zip Code - Oct '04—April '05

Zip Code	Clients Served	Meals Delivered	Zip Code	Clients Served	Meals Delivered
75050	3	386	76103	26	1,899
75051	4	425	76104	179	27,529
75052	2	4	76105	96	13,045
76001	11	716	76106	144	18,828
76002	3	200	76107	177	23,415
76004	1	23	76108	63	7,290
76006	7	312	76109	33	4,098
76008	3	306	76110	88	9,367
76010	94	9,590	76111	60	8,174
76011	39	4,756	76112	98	11,028
76012	44	5,293	76114	92	10,485
76013	54	5,062	76115	32	2,985
76014	22	2,534	76116	117	13,690
76015	10	984	76117	101	11,773
76016	10	752	76118	46	4,260
76017	28	2,513	76119	138	15,380
76018	8	1,073	76120	9	767
76019	1	2	76121	1	7
76020	53	5,653	76123	7	828
76021	22	2,109	76126	11	884
76022	17	1,382	76131	8	790
76028	6	704	76132	38	3,934
76034	6	466	76133	119	13,265
76036	19	1,882	76134	41	4,427
76039	28	2,353	76135	42	5,688
76040	31	2,234	76137	24	2,223
76051	25	2,267	76140	17	1,763
76052	1	238	76148	11	488
76053	56	6,397	76155	2	512
76054	9	1,013	76179	34	4,266
76060	16	1,999	76180	50	5,603
76063	26	3,335	76248	11	1,101
76092	4	182	76262	1	63
<b>Number of People Helped YTD</b>				<b>2,625</b>	
<b>Number of Meals Delivered YTD</b>				<b>304,356</b>	

### Contact Information

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**Barbara Lundgren**

Director of Development  
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### *A Note From One of Our Clients*

*Thank you for my meals. Without your food, and the friendly volunteer that delivers it. I don't know what would happen to me. You are God's blessing to me.*

[www.mealsonwheels.org](http://www.mealsonwheels.org)  
817-336-0912

### Upcoming Special Events

**Golf Classic**  
**September 12, 2005**

**Sponsorships Available**  
**Call Now!**