

*Delivering meals and so much more . . .*



For Immediate Release  
Thursday, July 1, 2010

Contact: Denise Harris  
Special Events Coordinator  
Office: (817) 258-6433  
Cell: (817) 235-4876  
[Denise@mealsonwheels.org](mailto:Denise@mealsonwheels.org)

### **A Sweet Day for Homebound Seniors**

**Fort Worth, TX** – Nothing goes better with the Fourth of July than a delicious slice of apple pie. And that's just what some homebound seniors in Tarrant County will get. On Friday, July 2, Meals On Wheels, Inc. of Tarrant County clients will receive a slice of freshly baked apple pie made with SPLENDA® Sweetener. The pies will be baked using the Nostalgic Apple Pie recipe from SPLENDA® Signature Chef Katie Brown, and SPLENDA® will provide the sweetener used during the baking process. SPLENDA® hopes to make a difference in the life of a homebound senior while giving back to the community during this weekend steeped in tradition and pride.

"This occasion provides us with the opportunity to make a difference in the day of Meals On Wheels clients. While we are making plans to celebrate our nation's independence, programs like Meals On Wheels provide homebound residents with the opportunity to maintain their individual independence by continuing to live in their own home," said Carla Jutson, executive director for Meals On Wheels, Inc. of Tarrant County. "Many seniors have contributed so much to our country and community, and this is a simple, sweet way to just say thanks."

For media interviews and photo opportunities, contact Denise Harris at the number above.

#### **About Meals On Wheels**

Meals On Wheels, Inc. of Tarrant County is a nonprofit agency dedicated to providing hot, nutritious meals and services to homebound people who are unable to prepare meals for themselves and have no one to help them on a regular basis. This service supplies much-needed food and daily visits to elderly, disabled, and chronically ill people in Tarrant County. Meals are prepared in Meals On Wheels' own kitchen to ensure the highest quality food at a reasonable cost. The meals and services that the agency provides allow homebound people to remain in their home for as long as possible, maintaining their independence and dignity.

####

Meals On Wheels, Inc. of Tarrant County • 320 South Freeway • Fort Worth, TX 76104  
817-336-0912 • 817-338-1066 (fax) • [www.mealsonwheels.org](http://www.mealsonwheels.org)