

Delivering meals and so much more . . .



For Immediate Release
Wednesday, November 24, 2010

Contact: Denise Harris
Special Events Coordinator
Office: 817-258-6433
Cell: 817-235-4876
denise@mealsonwheels.org

Meals On Wheels of Tarrant County Wins Grant Money, Needs Help from Facebook Users

A short essay from Meals On Wheels, Inc. of Tarrant County has won \$100 from the Meals On Wheels Association of America (MOWAA)/Subaru "Share the Love" grant program. We are now entering the next phase of the competition, which relies on getting the most Facebook users to "like" our essay by Jan. 3, 2011. The essay can be read at the end of this press release or at [this link](#).

Our competition is more than 140 other "Share the Love" essays from Meals On Wheels agencies across the country, all posted on MOWAA's [member blog](#). The agency whose essay receives the most "likes" will win \$500. Those placing 2nd–10th will receive \$250 each.

This grant comes at a critical time for our Meals On Wheels agency and the more than 140 other grant winners nationwide. The country's economic downturn has made it more difficult to raise money to continue feeding our community's homebound seniors. Meals On Wheels, Inc., plans to use the money to prepare and deliver meals to clients like the one in the essay — meals of a quality they otherwise would not be able to prepare themselves and with the nutrition they need to avoid premature institutionalized care.

"These Meals On Wheels programs share love every day by bringing food and companionship to America's hungry seniors," said Enid Borden, MOWAA president and CEO. "For the third year in a row, Subaru has generously included Meals On Wheels in its 'Share the Love' event."

Carla Jutson, Meals On Wheels, Inc. of Tarrant County executive director, elaborated. "I have personally seen our volunteers, donors, employees, and even clients 'share the love' every day," she said. "We are unique among home-delivered meal programs because we focus on helping the client remain independent, and that often involves much more than nutrition."

To "like" the Meals On Wheels, Inc. of Tarrant County essay submitted for this Facebook contest, go to mowaablog.org and search "meals on wheels tarrant" or follow [this link](#).

The MOWAA/Subaru "Share the Love" grant is tied to Subaru's "Share the Love" event running from Nov. 20, 2010, to Jan. 3, 2011. Subaru will donate \$250 for every new Subaru vehicle sold or leased to the customer's choice of one of five charities, including MOWAA. For more information about Subaru's "Share the Love" event, follow [this link](#).

About Meals On Wheels, Inc. of Tarrant County

Meals On Wheels, Inc. of Tarrant County is a nonprofit agency dedicated to providing fresh, nutritious meals and needed services to homebound residents of Tarrant County who are unable to prepare meals for themselves and have no one to help them do so on a regular basis. Meals are prepared in our own kitchen to ensure the highest quality at a reasonable cost. The meals and services allow our clients to remain in their own home for as long as possible. To learn more, visit www.mealsonwheels.org.

About Meals On Wheels Association of America

The Meals On Wheels Association of America (MOWAA) is the oldest and largest national organization in the United States representing those programs that provide meals to people in need. MOWAA's mission is to end senior hunger by 2020. To obtain more information about MOWAA or to locate a local Meals On Wheels program, visit www.mowaa.org.

###

Meals On Wheels, Inc. of Tarrant County's Essay

The holiday season is a time when most of us share the love with our family and friends. Meals On Wheels, Inc. of Tarrant County shares the love with local seniors who would otherwise be all alone and hungry during the holidays. It's only fitting that we are partnering with our friends at Subaru for the third year in a row for their "Share the Love" event to raise funds to support the Meals On Wheels Association of America. This is just one story of how we share the love here in our community.

Our agency received a referral for a man who, until recently, was homeless. He has been given an apartment and court-appointed financial help, but homelessness has left him in poor mental health, and he is not able to meet his nutritional needs by himself yet. The Meals On Wheels case manager assigned to the potential client learned he had been living in the apartment with none of the comforts of home and nothing to help him live independently: no drinking glasses, plates, utensils, pillows — things that most of us do not think twice about each day because we have everything within reach.

Our case manager filled her car with these items and more to give to the man when she visited him in his home to approve him for service, and he was so grateful. Now that our new client has the second chance he wants, we want to help him live with the dignity he deserves. This thoughtfulness plus our home-delivered meals will help him improve his physical and mental health to a point where he can meet his nutritional needs himself and better face this new journey in life.

Meals On Wheels, Inc. of Tarrant County • 320 South Freeway • Fort Worth, TX 76104
817-336-0912 • 817-338-1066 (fax) • www.mealsonwheels.org