

Delivering meals and so much more . . .



For Immediate Release
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Homebound Seniors Not Forgotten by Santa This Year

Fort Worth, TX – Some special homebound seniors in Tarrant County will receive an early Christmas surprise direct from the North Pole courtesy of Meals On Wheels, Inc. of Tarrant County. On **Friday, Dec. 17, 2010, Santa Claus** will deliver gifts and Christmas cheer to several Meals On Wheels of Tarrant County clients.

Around **2,500 of the agency's homebound clients will receive holiday gifts** through the generosity of volunteers, civic organizations, corporations, and individual donors. "This time of year can be especially hard for homebound residents who often don't have much contact with other family members," Executive Director Carla Jutson said. "This is our way of making sure they feel special during the Christmas season."

A U.S. Department of Agriculture report released in November states approximately **15%** of America's population does not have the personal resources to knowingly have food every day. That's a **30% increase** since 2006, according to the report. Agencies such as Meals On Wheels, Inc. of Tarrant County are crucial to providing those resources each day, especially to the rapidly growing senior population.

Friday's delivery will start at 10:30 a.m. Media wishing to attend for stories and photographs are asked to contact Special Events Coordinator Denise Harris using the information listed above.

Meals On Wheels, Inc. of Tarrant County is a nonprofit agency dedicated to providing hot, nutritious meals and services to homebound seniors who are unable to prepare meals for themselves and have no one to help them on a regular basis. This service supplies much-needed food and daily visits to elderly, disabled, and chronically ill people in Tarrant County. Meals are prepared in the agency's own kitchen to ensure the **highest quality food** at a reasonable cost. These meals and services allow homebound people to remain at home for as long as possible, **maintaining their independence and dignity.**

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