

*Delivering meals and so much more . . .*



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Contact: Denise Harris  
Special Events Coordinator  
Office: (817) 258-6433  
Cell: (817) 235-4876  
[Denise@mealsonwheels.org](mailto:Denise@mealsonwheels.org)

## **Tarrant County Mayors to Deliver Meals On Wheels**

Fort Worth, TX. – Meals On Wheels, Inc. of Tarrant County will be holding Mayors For Meals Day on Wednesday, March 24<sup>th</sup>, as a part of its March For Meals campaign. Mayors from all over Tarrant County will be participating in this event to show their support and bring awareness to senior hunger.

“We are excited about having our local mayors participate in this event. We hope to raise awareness and recruit as many people as we possibly can to join us in the national movement to end senior hunger,” said Carla Jutson Executive Director of Meals On Wheels, Inc. of Tarrant County. “Texas is ranked the 4<sup>th</sup> highest in the nation for food insecurity among senior Americans. It is reprehensible that this great generation lives in hunger or in danger of starvation.”

March For Meals is a national campaign, initiated by Meals On Wheels Association of America, which seeks to raise awareness of senior hunger and to encourage action on the part of the local community. Senior nutrition programs across the United States promote March For Meals in their local communities. Mayors For Meals Day is a component of March For Meals that utilizes the involvement of local mayors and other local elected officials.

Mayors participating in this year’s delivery include; Mayor Cluck of Arlington, Mayor Story of Bedford, Mayor Dittrich of Benbrook, Mayor Dauphinot of Edgecliff Village, Mayor Saleh of Euless, Mayor Moncrief of Fort Worth, Mayor Lanford of Haltom City, Mayor Ward of Hurst, Mayor McGrail of Keller, Mayor Lankhorst of Kennedale, Mayor Jacob of Lakeside, Mayor Cook and Councilman Darryl Haynes of Mansfield, Mayor Pro tem Turnage of North Richland Hills, Councilman Duane Smith of Pantego, Mayor Tolbert of Pelican Bay, Mayor Regan of Richland Hills, Mayor Earwood of River Oaks, Mayor Terrell of Southlake, Mayor Jeffries of Watauga and Mayor Burns of White Settlement.

### **About Meals On Wheels**

Meals On Wheels, Inc. of Tarrant County is a nonprofit agency dedicated to providing hot, nutritious meals and services to homebound people who are unable to prepare meals for themselves and have no one to help them on a regular basis. This service supplies much-needed food and daily visits to elderly, disabled, and chronically ill people in Tarrant County. Meals are prepared in Meals On Wheels’ own kitchen to ensure the highest quality food at a reasonable cost. The meals and services that the agency provides allow homebound people to remain in their homes for as long as possible, maintaining their independence and dignity.

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Meals On Wheels, Inc. of Tarrant County • 320 South Freeway • Fort Worth, TX 76104  
817-336-0912 • 817-338-1066 (fax) • [www.mealsonwheels.org](http://www.mealsonwheels.org)