

*Delivering meals and so much more . . .*



For Immediate Release  
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## **Historic Milestone Reached-13 Millionth Meal to be Delivered Today!**

**Fort Worth, TX.** – Meals On Wheels, Inc. of Tarrant County is excited to announce that the agency will deliver its 13 Millionth meal today. In conjunction with the annual Mayors for Meals event, the Honorable Mike Moncrief, Mayor of Fort Worth, will deliver the meal to a homebound senior living within the Fort Worth city limits.

This milestone serves as a testimony to the tremendous task Meals On Wheels undertook to provide hot, nutritious meals to homebound citizens of Tarrant County. Currently around 230 volunteers deliver nearly 4,000 meals each day, which are picked up at one of 43 local distribution sites; a far cry from the 30 meals initially delivered on May in 1973.

Meals On Wheels of Tarrant County, Inc. originally started as an organization of local churches focused on feeding the elderly and relied upon an all volunteer staff. In 1989 Meals On Wheels began operating our very own central kitchen which allowed for food preparation expenses to be lowered, more control over the food that was being delivered and for more clients to be serviced. In 2001, additional renovations were completed to form the current kitchen and office facilities.

Meals On Wheels of Tarrant County, Inc. is gracious for the support received from the community over the past 37 years. Through the generosity of the citizens and business' of Tarrant County, we continue to provide meals and many other services to homebound citizens and continue to never turn anyone away because of their inability to pay.

Media wishing to participate in today's activities are asked to contact Denise Harris at the above number to make arrangements. Additional interviews and kitchen tours can be arranged for dates in the near future also.

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