

Delivering meals and so much more . . .



For Immediate Release
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Meals On Wheels and Mayor Trevino Celebrate Client's 102nd Birthday

North Richland Hills, TX – Meals On Wheels, Inc. of Tarrant County will celebrate the **102nd birthday** of a client in North Richland Hills this Friday, July 30, 2010. The celebration will occur during Ms. Whigham's regular meal delivery, conducted on this day by North Richland Hills **Mayor Oscar Trevino**. The mayor will wish Ms. Whigham a happy birthday as well as deliver a special birthday cake, compliments of Ridglea Country Club in Fort Worth.

Ms. Whigham, who always kept a table full of food for guests who might show up hungry, said it is so nice that with Meals On Wheels, she still keeps food on her table. She has three children, nine grandchildren, nine great grandchildren, and six great great grandchildren. When asked her secret to her long life, she answered, "a happy home and food on the table."

You are invited to join us in celebrating this special day. Ms. Whigham will be available for interviews and photo opportunities with Mayor Trevino during this time. Please contact Meals On Wheels at the number provided above for time and directions.

About Meals On Wheels

Meals On Wheels, Inc. of Tarrant County is a nonprofit agency dedicated to providing fresh, nutritious meals and services to homebound people who are unable to prepare meals for themselves and have no one to help them on a regular basis. This service supplies much-needed food and daily visits to elderly, disabled, and chronically ill people in Tarrant County. Meals are prepared in Meals On Wheels' own kitchen to ensure the highest quality food at a reasonable cost. The meals and services that the agency provides allow homebound people to remain in their home for as long as possible, maintaining their independence and dignity.

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