

The demand for our nutrition services grows about 7% each year, and we project an astounding 51% increase in services by 2020. We hope you will consider helping us make Tarrant County a caring place to grow old by taking part in our “Sack Senior Hunger” fundraiser.

WHO: Meals On Wheels, Inc. of Tarrant County is a community-based nonprofit organization that works to promote the dignity and independence of older adults, persons with disabilities, and other homebound persons by delivering nutritious meals and providing or coordinating needed services.

WHAT: “Sack Senior Hunger” fundraiser

WHEN: Any time of year that’s right for your company

HOW: Employees may bring a sack lunch to work on a designated day and donate the amount they would have spent eating out. Did you know that for only \$5, we can cook, package, and deliver a fresh, nutritious meal to a homebound client anywhere within Tarrant County?

WHY: Our homebound clients cannot afford the effects of diminished nutrition on their health, yet they cannot easily get out to buy the nutritious food they need, let alone cook it for themselves. We help when they no longer can live entirely independently but do not need full-time nursing care.